

# Market Update: May 13, 2024

## “Canadian Crown”

Gala Apples, Honeycrisp apples, Paula Red Apples, Mac Apples, Ginger gold Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet), Hot house tomatoes, Asparagus

## Local Asparagus and Fiddleheads is in!!

### Apples

Washington Honeycrisp, Cosmic Crisp, Gala, Red Delicious, Granny smith are available

**\*Local\*** apples available: Mac, Gala, Honeycrisp, Empire, Courtland, Crispin

### Pears

Bartlett are product of Argentina, Bosc and Anjou are special order,

### Melons

Cantaloupes are from Guatemala very limited this week, honeydews are product of Costa Rica, and Watermelons are product Mexico

### Grapes

**\*Alert\*** Red and Green Grapes are product of Peru/South African, Cost has come down

### Kiwi

Green Kiwi product of New Zealand, Golden Kiwi is now available Special Order.

### Mangoes

Mangoes Product of Mexico, ataulfo Mangoes are available from Mexico

### Oranges

88 and 113 oranges are product of Egypt, Excellent taste

### Lemons

Product of USA/South Africa Quality is excellent on both 115 and 30 count Lemons

### Limes

Product of Mexico, both 48 and 230 count

### Pineapple

**\*Alert\*** Product of Costa Rica, Cost going up, Product Limited

### Blackberries/ Raspberries/Blueberries

**\*Alert\*** Raspberries are product of Mexico

Blackberries are product of Mexico ½ pints this week

Blueberries are product of Peru, we are now into Full Pints

### Strawberries

Product of California/Mexico

### Bananas

Product from Costa Rica and Ecuador, Plantain (Green and yellow) are SPO

### Stone fruit

**\*Alert\*** Stonefruit is SPO, Peaches from Mexico Just starting, Cherries from California also have started

### Avocados

**\*Alert\*** Product of Mexico, Both 12's and 48's are available

## Good Buys for the Week!

Gala Apples  
Red Delicious Apples  
Navel 88 Oranges  
Strawberries  
Blueberries Full Pints  
English Cucumbers  
USA Corn  
Local Asparagus



### **Broccoli**

**\*Alert\*** Broccoli 18s, Broccoli Crowns are product of USA and Mexico, Cost on the Rise

### **Cauliflower**

**\*Alert\*** Product of USA/Mexico, Cost on the Rise

### **Cabbage**

**\*Local\*** Red and Green Cabbage are now available, Savoy Cabbage is SPO

### **Eggplant**

Eggplant product of Mexico

### **Brussels Sprout**

Product from USA/Mexico

### **Asparagus/Fiddleheads**

**\*Local\*** product of Ontario, First of the Season 28113, Price has Come Down. Local Fiddleheads are available currently.

### **Beans**

Green Beans are product of Mexico, Cost coming down

### **Peppers**

**\*Local\*** Red, Yellow and Orange, Rainbow are product of Ontario, Green Peppers are product of USA, Cost coming down

### **Bunches**

**\*Alert\*** Kale, Chards, Bunched Radishes, Collard, Dandelion are now Product of USA, Cost on the Rise

### **Celery**

Product of USA

### **Seedless Cucumbers**

**\*Local\*** Greenhouse Ontario English cucumbers, Hot Deal of the week ask your sales rep!

### **Lettuce & Greens**

**\*Alert\*** shortages in product availability currently, leading to higher cost in product

### **Processed Lettuce**

**\*Alert\*** Product is now from Salinas, Cost is on the rise for all process products

### **Hot House & Vine tomatoes**

**\*Local\*** Product of Canada, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

### **Tomatoes**

**\*Local\*** Grape Tomatoes/ Mix Medley/Cherry on the vine Tomatoes are product of Canada

**\*Alert\*** Round Tomatoes are Product of USA, Cost on the Rise

### **Onion/ Carrots**

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Mexican

Carrots are product of Mexico, we also have available 2lb and 5lb carrots

### **Squash**

**\*Alert\*** Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Mexico

### **Corn**

Corn is product of USA, Cost has come down

### **Zucchini**

Green and yellow product of Mexico, zucchini flowers SPO, Cost coming down

### **Potatoes**

**\*Canadian\*** currently carrying Russets and Yellow flesh potatoes, Mini "B" white and red Potatoes also available